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WO 99/58095

PCT/IB99/00862

### ABSTRACT

The invention concerns the field of therapeutic chemistry and more particularly pharmaceutics, hygiene and/or cosmetology. The invention concerns a pharmaceutical, hygienic and/or cosmetic composition in particular for inhibiting degranulation of mastocytes, characterized in that it contains sea water and a basic amino acid or one of its salts or esters, or a plant and/or animal extract containing same, combined with an inert, non-toxic vehicle or excipient suited for the application intended. The invention also concerns the use of sea water on its own, or the basic amino acid on its own, to produce a pharmaceutical, hygienic and/or cosmetic composition in particular for inhibiting the activation of mastocytes, in particular degranulation.